

August 2009

Activity Calendar

Mon	Tues	Wed	Thu	Fri
3 Marshmallow Mondays	4 Brunch & Learn— Ethical Wills 10:00 Ladies Happy Hour 1:00	5 Birthday Party 12:30 Integrity Foot Clinic by Appt. Crystal Hot Springs 1-3:30 Rodeo @Weber Fair	6 Sit & Dance Begins 10 am	7 Trevor White Contemporary Music 12:15
10 Advisory Council 9:15 Kelly Warren & His Guitar 11:30	11 Ceramics Night Class 5-9 Foot Clinic	12 Memory Club 10:00 am Crystal Hot Springs 1- 3:30	13 Chiropractic by appt. Stamping with Lorica 10 Lunch Sponsored by Myers Comfort Club 6 pm Mormon Tabernacle Choir Rehearsal 4:30	14 TBA
17 Kelly Warren Karaoke 11:00 Lunch Sponsored by Gillies	18 AARP Safe Driving Class 1-5 Ceramics Night Class 5-9	19 Jerry Jensen Honky Tonk Piano 11:30 Crystal Hot Springs 1-3:30	20 Red Hat Society 1:15	21 TAB
24 Wendover 7:30 am Kelly Warren & His Guitar 11:30	25 Ceramics Night Class 5-9	26 LifeLine Screening Crystal Hot Springs 1-3:30	27 Fishing Trip 5:30	28 Becky Kimball Easy Listening
31	D 24 f 4 f	and to the Demonts		Saturday 29

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Happy Feet 10:00
Kelly Warren & His
Guitar 11:30
Mountain Star Blood
Drive
Raptors Baseball
Game 5:45

Don't forget to come to the Pancake Breakfast Saturday, August 29, 7-11 am. Cost is \$5 adults; \$2.50 children 10 and under.

The menu includes Pancakes, Sausage, Bacon, Eggs, Orange Juice or Milk or Coffee.



Saturday 29
Pancake Breakfast
Fundraiser 7-11

DAILY

Lunch M-F 12-1 Hall Walking 8-10 a Library M-F 8-4 Pool Room M-F 8-4 Computer Lab 8-12;1-4 WEEKLY

Advanced Spanish M 10:00 a Tai Chi M 10:00a Intermediate Spanish T 10:00 Watercolor T 9:30-12 Square Dance T 7-10 p
Line Dancing M/W 1:00 p
Yoga Tu/Th 4:00 p
Bridge/Pinochle Th 1:00 p
Japanese Bunka Embroidery W 9:00
Ceramics Night Class Tue 5-9
Tu/Th Ceramics 10-4
Ceramic NIGHT Class 5-9
Sit and Dance Th 10:00
Sit & Be Fit W/F 10:00 a
Tap Dancing W/F 9 a
Beginning Ceramics F 10:00 a

Computer classes as scheduled: Contact Nancy to enroll.

GENERAL INFO: Telephone Reassurance, Friendly Visitor, Info. and Referral; Senior Transit M-W-F 723-3303 X18; MOW Hot meals M-F Frozen Sat-Sun.; Please make lunch & To Go reservations one day in advance.